

## Washoe County Human Services Agency

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### Regulations for Child Care Facilities

### Discipline of Children

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#### SECTION 20 DISCIPLINE OF CHILDREN

- \*20.1 Prohibited punishments. A facility shall enhance a child's behavior through positive guidance, redirection of the child's behavior, and the setting of clear-cut limits of behavior. An employee or other person associated with a facility shall not, for any reason:
- \*A. Inflict physical punishment, in any manner or form, including but not limited to shaking, upon any infant or child;
  - B. Verbally abuse or threaten a child;
  - C. Make derogatory remarks about the child or his family;
  - D. Threaten a child with the loss of love of any person;
  - E. Threaten a child with punishment by a deity;
  - F. Subject a child to any form of punishment which pertains to food or rest or restricts the use of toilet or other bathroom fixture;
  - G. Subject a child to any form of punishment by other children;
  - H. Physically restrain a child by means of an implement or device:
  - \*I. Withhold or use physical activity as a form of punishment; or
  - \*J. Confine a child as a form of punishment by any means, including, without limitations, in a highchair, crib/port a crib, to a car seat, infant carrier or jump seat.
- 20.2 Parental consent to allow any person within the facility to punish a child contrary to the provisions of this Section does not prevent such acts from constituting a violation of these Regulations.
- 20.3 Suggested disciplinary measures. Disciplinary measures used in a facility must be consistent with supportive, positive action, and may include:
- A. Holding a child's arm to prevent hitting;
  - B. Bodily picking up the child and removing him from the group and:
    - 1. Sitting with the child until he is ready to play without hitting; or
    - 2. Isolating the child under observation for no more than ten minutes.
  - C. Informing the child in a simple, positive manner what conduct is expected while he is in the facility;

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- D. Praising and recognizing a child who behaves in the expected manner; and
- E. Directing a child who is in a situation which is creating problems to a new activity.